

ImuPro Complete tests for sensitivity against 270 foods (including the 90 foods of ImuPro Basic). It covers an expanded list of meats, vegetables, fruits, cereals, milk and eggs. It also covers many alternatives, region-specific foods, spices, teas, thickening agents and preservatives.

You will find an overview of the tested allergens below.

Meat

Beef	Ostrich
Chicken	Pork
Deer	Quail
Duck	Rabbit
Goat	Turkey Hen
Goose	Veal
Hare (Rabbit)	Venison
Lamb	Wild Boar

Cereals (Gluten-Free) and Gluten Alternatives

Amaranth	Maize (Sweet Corn)
Arrowroot	Millet
Buckwheat	Quinoa
Carob	Rice
Cassava	Sweet Chestnut
Fonio	Sweet Potato
Jerusalem Artichoke	Tapioca
Lupine	Teff

Cereals (With Gluten)

Barley	Rye
Gluten	Spelt
Kamut	Wheat
Oats	

Mushrooms

Bay Boletus	Meadow Mushrooms
Cep (Boletus)	Oyster Mushrooms
Chanterelle	Shiitake

Salads

Butterhead Lettuce	Lamb's Lettuce
Chicory	Lollo Rosso
Dandelion	Radicchio
Endive	Rocket
Iceberg Lettuce	Romaine/Cos Lettuce

Egg

Chicken Egg White	Goose Eggs
Chicken Egg Yolk	Quail Eggs

Vegetables

Artichoke	Cucumber
Asparagus	Fennel
Aubergine	Green Bean
Bamboo Shoots	Green Pea
Beetroot	Kale (Curled)
Broad Bean	Kohlrabi (Turnip Cabbage)
Broccoli	Leek
Brussel Sprouts	Lentil
Cabbage (Chinese)	Molokhia
Cabbage (Red)	Mung Bean (Green Gram)
Cabbage (Savoy)	Okra (Lady's Finger)
Cabbage (White)	Olive
Carrots	Onion
Cauliflower	Parsnip
Celeriac (Knob Celery)	Pepper (Sweet)
Celery (Stalk)	Potato
Chard (Beet Greens)	Pumpkin
Chickpea	Radish (Red and White)
Chili Cayenne	Rutabaga
Chili Habanero	Soy Bean
Chili Jalapeno	Spinach
Courgette	Tomato

Fish & Seafood

Anchovy	Plaice
Angler (Monkfish)	Pollock
Blue Mussels	Red Snapper
Carp	Salmon
Cod (Codling)	Sardine
Crayfish	Scallop
Eel	Sea Bass
Gilthead Bream	Shrimp, Prawn
Haddock	Shark
Hake	Sole
Halibut	Squid, Cuttlefish
Herring	Sutchi Catfish
Lobster	Swordfish
Mackerel	Trout
Ocean Perch	Tuna
Octopus	Zander
Oysters	

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Spices & Herbs

Alfalfa	Horseradish
Allspice	Juniper Berry
Aniseed	Lavender
Basil	Lemon Balm
Bay Leaf	Lovage
Capers	Marjoram
Caraway	Mustard Seed
Cardamom	Nutmeg
Chervil	Oregano
Chive	Paprika
Cinnamon	Parsley
Clove	Pepper (Black)
Coriander	Pepper (White)
Cumin	Rosemary
Dill	Saffron
Garden Cress	Sage
Garlic	Savory
Garlic (Wild)	Thyme
Ginger	Vanilla

Sweeteners

Agave Nectar	Honey (Mixture)
Cane Sugar	Maple Syrup

Seeds & Nuts

Almond	Peanut
Brazil Nut	Pine Nut
Cashew Kernels	Pistachio
Cocoa Bean	Poppy Seed
Coconut	Pumpkin Seed
Hazelnut	Sesame
Linseed	Sunflower Seed
Macadamia Nut	Walnut

Tea, Coffee & Wine

Camomile	Rose Hip
Coffee	Tannin
Nettle	Tea (Green)
Peppermint	Tea (Black)
Rooibus Tea	

Yeast

Yeast

Fruits

Apple	Lychee
Apricot	Mandarin
Avocado	Mango
Banana	Nectarine
Blackberry	Orange
Blueberry	Papaya
Cherry	Peach
Cranberry	Pear
Currant	Pineapple
Date	Plum
Fig	Pomegranate
Gooseberry	Prickly Pear
Grape/Raisin	Quince
Grapefruit	Raspberry
Guava	Rhubarb
Honeydew Melon	Sea Buckthorn
Kiwi	Strawberry
Lemon	Watermelon
Lime	Yellow plum
Lingonberry	

Milk Products

Goat (Milk and Cheese)	Milk (Mare)
Halloumi	Rennet Cheese (Cow)
Kefir	Ricotta
Milk (Camel)	Sheep (Milk and Cheese)
Milk (Cow)	Sour-Milk Products (Cow)
Milk (Cow-Cooked)	

Food Additives

Agar-Agar (E406)	Pectin (E440)
Benzoic Acid (E211)	Sorbic Acid (E200)
Carrageen (E407)	Tragacanth (E413)
Curcumin (E100)	Xanthan Gum
Guar Flour (E412)	

Algae

Red Algae (Nori)	Spirulina
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Specials

Aloe Vera	Candied Lemon Peel
<i>Aspergillus niger</i>	Vine Leaves
<i>Candida albicans</i>	